



# Luscious Lemon

## DIP MIX

NET WT 4 OZ (112g)

### Simple to prepare!

#### Ingredients needed:

- Luscious Lemon Cooler Dip Mix
- 1 cup sour cream
- 8 oz. cream cheese, softened

You may use lowfat or nonfat products with this mix, although results may vary.

#### Complete directions and recipes inside!

Ingredients: sugar w/cornstarch added to prevent caking, lemon juice powder (corn syrup, lemon juice w/lemon oil), natural flavors (w/dextrose, cornstarch, tricalcium phosphate added to prevent caking, water, glycerine, and alcohol), and lemon peel.

For optimum shelf life, store dry mix in your refrigerator or freezer.

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### Nutrition Facts

Serving Size 2 Tablespoons (32g)  
 Servings Per Container about 19

Amount Per Serving	Mix	with added ingredients
<b>Calories</b>	29	97
Calories from Fat	0	63
<b>% Daily Value**</b>		
<b>Total Fat</b> 0g*	<b>0%</b>	<b>11%</b>
Saturated Fat 0g	<b>0%</b>	<b>20%</b>
Trans Fat 0g	-	-
<b>Cholesterol</b> 0mg	<b>0%</b>	<b>6%</b>
<b>Sodium</b> 0mg	<b>0%</b>	<b>2%</b>
<b>Total Carbohydrate</b> 7g	<b>2%</b>	<b>3%</b>
Dietary Fiber 0g	<b>0%</b>	<b>0%</b>
Sugars 7g	-	-
<b>Protein</b> 0g	-	-
Vitamin A	0%	2%
Vitamin C	1%	2%
Calcium	0%	3%
Iron	0%	0%

\*Amount in **Luscious Lemon Dip Mix**.  
 Added ingredients contribute an additional 68 calories, 7g total fat, 4g saturated fat, 0g trans fat, 19mg cholesterol, 43mg sodium, 1g total carbohydrate (0g sugar), 0g protein.

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.