



Simple to prepare!

Ingredients needed:

- Fantastic Fruit Dip Mix
- 1/4 cup hot water
- 8 oz. cream cheese, softened

You may use lowfat or nonfat products with this mix, although results may vary.

Complete directions and recipes inside!

Ingredients: sugar, egg whites, natural and artificial flavors, lemon peel, dextrose, tapioca starch, tapioca dextrin and cornstarch.

Contains: eggs

For optimum shelf life, store dry mix in your refrigerator or freezer.

Distributed By:
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Nutrition Facts

Serving Size 2 Tablespoons (28g)
 Servings Per Container about 16

Amount Per Serving	Mix	with added ingredients
Calories	41	91
Calories from Fat	0	45
% Daily Value**		
Total Fat 0g*	0%	8%
Saturated Fat 0g	0%	15%
Trans Fat 0g	-	-
Cholesterol 0mg	0%	5%
Sodium 6mg	0%	2%
Total Carbohydrate 10g	3%	3%
Dietary Fiber 0g	0%	0%
Sugars 8g	-	-
Protein 0g	-	-
Vitamin A	0%	1%
Vitamin C	1%	1%
Calcium	0%	1%
Iron	0%	0%

*Amount in **Fantastic Fruit Dip Mix**.
 Added ingredients contribute an additional 50 calories, 5g total fat, 3g saturated fat, 0g trans fat, 16mg cholesterol, 43mg sodium, 1g total carbohydrate, (0g sugar), 1g protein

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.