



Simple to prepare!

Ingredients needed:

- Chocolate Covered Cherry Dip Mix
- 8 oz. cream cheese, softened
- 1/2 cup sour cream
- optional: 8 oz. whipped topping (Cool Whip®)

You may use lowfat or nonfat products with this mix, although results may vary.

Complete directions and recipes inside!

Ingredients: sugar, cherries (red tart pitted cherry, sugar, rice flour, sunflower oil), cocoa, semi-sweet and sweet ground chocolate (sugar, high fat cocoa*, unsweetened chocolate*, chocolate liquor, cocoa butter, soy lecithin [an emulsifier], and vanillin [artificial flavor]. *Processed with alkali.), spices, natural & artificial flavors, dextrose and cornstarch.

Contains: soy

For optimum shelf life, store dry mix in your refrigerator or freezer.

Distributed By:
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Nutrition Facts

Serving Size 2 Tablespoons (27g)
Servings Per Container about 19

Amount Per Serving	Mix	with added ingredients
Calories	35	90
Calories from Fat	5	50
% Daily Value**		
Total Fat 1g*	2%	9%
Saturated Fat 0g	0%	18%
Trans Fat 0g	-	-
Cholesterol 0mg	0%	5%
Sodium 0mg	0%	1%
Total Carbohydrate 8g	3%	3%
Dietary Fiber <1g	4%	4%
Sugars 7g	-	-
Protein 0g	-	-
Vitamin A	0%	4%
Vitamin C	0%	0%
Calcium	0%	2%
Iron	4%	4%

*Amount in **Chocolate Covered Cherry Dip Mix**.
Added ingredients contribute an additional 64 calories, 6g total fat, 4g saturated fat, 0g trans fat, 18mg cholesterol, 40mg sodium, 1g total carbohydrate (0g sugar), 1g protein.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.