



# All-American B.L.T.

## DIP MIX

NET WT 1.5 OZ (42g)

### Simple to prepare!

#### Ingredients needed:

- All American B.L.T. Dip Mix
- 1-1/2 cups sour cream
- 1/2 cup mayonnaise (Do not use salad dressing such as Miracle Whip®, use real mayonnaise.)

You may use lowfat or nonfat products with this mix, although results may vary.

#### Complete directions and recipes inside!

**Ingredients:** onion, imitation bacon bits (textured vegetable protein [soy flour, caramel color, red #3] partially hydrogenated soybean oil, salt, natural flavor), tomatoes, spices and coloring, vinegar type flavor (citric acid, sodium diacetate, potassium citrate, glucono-delta lactone), sea salt, not more than 2% silicon dioxide added to prevent caking.

**Contains:** soy

For optimum shelf life, store dry mix in your refrigerator or freezer.

Distributed By:  
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### Nutrition Facts

Serving Size 2 Tablespoons (32g)  
 Servings Per Container about 16

Amount Per Serving	Mix	with added ingredients
<b>Calories</b>	8	104
Calories from Fat	1	90
	% Daily Value**	
<b>Total Fat</b> 0g*	0%	15%
Saturated Fat 0g	0%	20%
Trans Fat 0g	-	-
<b>Cholesterol</b> 0mg	0%	5%
<b>Sodium</b> 95mg	4%	6%
<b>Total Carbohydrate</b> 1g	0%	0%
Dietary Fiber 0g	0%	0%
Sugars 0g	-	-
<b>Protein</b> 0g	-	-
Vitamin A	6%	7%
Vitamin C	3%	3%
Calcium	0%	3%
Iron	0%	0%

\*Amount in All American B.L.T. Dip Mix.  
 Added ingredients contribute an additional 96 calories, 10g total fat, 4g saturated fat, 0g trans fat, 14mg cholesterol, 50mg sodium, 2g total carbohydrate (0g sugar), 1g protein.

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.